



EDUCATIONAL
TOURS

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HEIGHTS OF PERU

12 days | Lima | Cuzco | Sacred Valley | Machu Picchu | Puno | Colca | Arequipa

Peru is an awe-inspiring country with some of the most unique geographical landmarks in the world. Explore a city in the clouds, the ancient Incan citadel Machu Picchu. See the blue waters of Lake Titicaca, the highest lake of its size in the world, and take in breathtaking views of the Andean Condors soaring over Colca Canyon. The Peruvian culture of today is no less compelling—get a glimpse at one of its colorful markets and by talking to native communities.

YOUR EXPERIENCE INCLUDES



Full-time Tour Director



Sightseeing: 2 sightseeing tours led by expert, licensed local guides; 1 sightseeing tour led by your Tour Director; 2 walking tours



Entrances: Pucasana fishermen experience; Pablo Seminario; Machu Picchu; Sacsayhuaman fortress; Raqch'i Temple; Lake Titicaca boat excursion; Sillustani archeological site; Colca Canyon; Museum of Andean Sanctuaries; Santa Catalina Monastery



Personalized learning guide: Our personalized learning experience engages students before, during, and after tour, with the option to create a final, reflective project for academic credit.



All of the details are covered: Round-trip flights on major carriers; comfortable motorcoach; train; internal flights;

10 overnight stays in hotels with private bathrooms; breakfast and dinner daily



Anyone can see the world.

YOU'RE GOING TO EXPERIENCE IT.

As you can see, your EF tour includes visits to the places you've learned about in school. That's a given. But it's so much more than that. Immersing yourself in new cultures—surrounded by the people, the language, the food, the way of life—creates inspirational moments that can't be listed in an itinerary. They can only be experienced.

And the experience begins long before you get your passport stamped and meet your Tour Director in your arrival city. It begins the moment you decide to go. Whether it's connecting with other travelers on Facebook, Twitter, or Instagram, or delving deeper into your destinations with our personalized learning experience, the excitement will hit you long before you pack your suitcase.

When your group arrives abroad, everything is taken care of so you can relax and enjoy the experience. Your full-time Tour Director is with your group around the clock, handling local transportation, hotels, and meals while also providing their own insight into the local history and culture. Expert local guides will lead your group on sightseeing tours, providing detailed views on history, art, architecture, or anything you may have a question about.

When your journey is over and you're unpacking your suitcase at home, you'll realize the benefits of your life-changing experience do not end. They have just begun.

@EFtours I attribute my college semester abroad to the love for travel I discovered on an EF Tour in high school #traveltuesday

– MELISSA, TRAVELER



CHECK OUT WHAT A TOUR IS ALL ABOUT

Watch the videos at eftours.com/

Your teacher's Tour Website



What you'll experience on your tour

Day 1: Fly to Lima

- Meet your Tour Director at the airport in Lima.

Day 2: Lima | Pucusana

- Travel to Pucusana.
- Speak with local fishermen and learn about their work in the harbor.
- Enjoy a free evening or
 - participate in a *ceviche* cooking class.

Day 3: Lima | Cuzco | Sacred Valley

- Fly to Cuzco.
- Travel to the Sacred Valley.
- Visit the Pablo Seminario ceramics workshop.

Day 4: Sacred Valley | Machu Picchu

- Travel by train to Aguas Calientes.
- Visit Machu Picchu, the fabled “Lost City of the Inca” and one of the New Seven Wonders of the World. A 35-mile-long trail winds through desert, cloud forest, and an orchid-filled jungle before reaching this UNESCO World Heritage Site. Archaeologists have yet to determine why the site, perched atop a mist-shrouded peak, was abandoned. See remnants of temples and terraces that have yet to reveal the true purpose of Machu Picchu—some believe only an elite Incan priesthood knew of its former existence. Your visit will consist of both a guided tour and free time to explore on your own.
- Travel by train to the Sacred Valley.

Day 5: Sacred Valley | Pisac | Cuzco

- Travel to Pisac.
- Enjoy free time at the Pisac Market.
- Visit the fortress of Sacsayhuaman.
- Travel to Cuzco.
- Enjoy free time in Cuzco.

Day 6: Cuzco | Puno

- Travel to Puno.
- Visit the Raqch'i Temple.

Day 7: Puno | Lake Titicaca

- Take a boat excursion on the shimmering deep blue Lake Titicaca. In Andean belief, Titicaca is the birthplace of the sun. It's the largest lake in South America and the highest navigable body of water in the world—almost 12,500 feet above sea level. Make stops on Taquile Island and Uros floating islands. Enthralling and in many ways singular, Titicaca is the longtime home of highland cultures steeped in the old ways. Meet native communities and enjoy a nature hike.

Day 8: Puno | Colca

- Travel to Colca.
- Take an expertly guided tour of the Sillustani archaeological site.

Day 9: Colca | Arequipa

- Visit Colca Canyon, which at its deepest is almost 11,000 feet—twice as deep as the Grand Canyon. Enjoy the breathtaking views and look out for the Andean Condor, an important species in and around Peru that can be seen depicted in art from over 4,000 years ago.
- Explore the Maca and Yanque villages with your Tour Director.
- Travel to Arequipa.

Day 10: Arequipa

- Visit the Museum of Andean Sanctuaries.

Day 11: Arequipa | Lima | Depart for home

- Visit the Santa Catalina Monastery.
- Fly to Lima and board your overnight flight for home.

Day 12: Arrive home

Two words: Machu Picchu. It was breathtaking, challenging, inspiring, and the reason I chose Peru as our destination. However, the rest of the country did not disappoint! Every corner we turned or ruin we climbed impressed me more than the last. The people were extremely friendly and the weather was wonderful.

– JESSICA, GROUP LEADER

“ Tour review

Peru was my first trip out of the U.S. and it was the experience of a lifetime. Seeing a different culture helps you gain an understanding that they can't teach you in school. Expect the unexpected, embrace every experience, take lots of pictures, try new foods, and most importantly take this trip with you in your memory forever.

– TARA, TRAVELER

“ Tour review

TOP THREE THINGS I WILL SEE, DO, TRY, OR EXPLORE

1. _____

2. _____

3. _____

— The easiest ways to —

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My daughter has gained such an amazing view of the world and history from this experience. She has not stopped talking since I picked her up at the airport. Thank you for all the organization, helpful hints, flexible payment plan, and knowledgeable tour guides.

—CHARLOTTE, PARENT OF TRAVELER

“ Tour review

THE WORLD LEADER IN INTERNATIONAL EDUCATION

For over 55 years, EF has been working toward one global mission: *Opening the World Through Education*. Your teacher has partnered with EF because of our unmatched worldwide presence, our focus on affordability, and our commitment to providing experiences that teach critical thinking, problem solving, collaboration, and global competence. What's more:

- **We always offer the lowest prices** so more students can travel.
- **We're fully accredited, just like your school**, so you can earn credit while on tour.
- **All of our educational tours feature experiential learning activities** and visits to the best sites.
- **We're completely committed to your safety.** We have more than 600 schools and offices in over 50 countries around the world, so local EF staff members can react quickly and in person wherever you travel.
- **Your full-time Tour Director is with your group** every step of the way on tour, providing insight about your destinations as well as great local tips.



Education First